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**SOUTH AFRICAN QUALIFICATIONS AUTHORITY
REGISTERED UNIT STANDARD:**

Describe how to manage reactions arising from a traumatic event

SAQA US ID	UNIT STANDARD TITLE			
244578	Describe how to manage reactions arising from a traumatic event			
ORIGINATOR		ORIGINATING PROVIDER		
SGB Life Skills				
QUALITY ASSURING BODY				
-				
FIELD			SUBFIELD	
Field 07 - Human and Social Studies			People/Human-Centred Development	
ABET BAND	UNIT STANDARD TYPE	PRE-2009 NQF LEVEL	NQF LEVEL	CREDITS
Undefined	Regular-Fundamental	Level 3	NQF Level 03	2
REGISTRATION STATUS		REGISTRATION START DATE	REGISTRATION END DATE	SAQA DECISION NUMBER
Reregistered		2012-07-01	2015-06-30	SAQA 0695/12
LAST DATE FOR ENROLMENT		LAST DATE FOR ACHIEVEMENT		
2016-06-30		2019-06-30		

In all of the tables in this document, both the pre-2009 NQF Level and the NQF Level is shown. In the text (purpose statements, qualification rules, etc), any references to NQF Levels are to the pre-2009 levels unless specifically stated otherwise.

This unit standard replaces:

US ID	Unit Standard Title	Pre-2009 NQF Level	NQF Level	Credits	Replacement Status
114942	Describe how to manage reactions arising from a traumatic event	Level 3	NQF Level 03	2	Complete

PURPOSE OF THE UNIT STANDARD

This Unit Standard will lead learners to acquire knowledge and skill to effectively manage risks arising from trauma and loss in themselves or others. It could be useful for peer counselors, community counselors and managers to understand the debriefing process and to know to refer individuals who have experienced a traumatic event.

A manager in the context of this Unit Standard is the manager of a small business and first line managers of business units, team leaders and supervisors in medium and large organisations. The term business unit implies a small business, cost centre, section or department.

The Unit Standard was developed as a means of contributing to change in leadership focus and empowering managers to look at people issues.

The qualifying learner is capable of:

- Recognising reactions to post trauma stress.
- Explaining trauma debriefing and the referral process.
- Explaining possible support strategies.

LEARNING ASSUMED TO BE IN PLACE AND RECOGNITION OF PRIOR LEARNING

It is assumed that learners are competent in Communication at NQF Level 2.

UNIT STANDARD RANGE

The typical scope of this Unit Standard is:

- A traumatic event includes, but is not limited to loss or trauma resulting from crime and violence, terrorism, sexual assault, road accidents, death, divorce, AIDS, serious terminal illness and natural disasters.

Specific Outcomes and Assessment Criteria:**SPECIFIC OUTCOME 1**

Recognise reactions to post trauma stress.

ASSESSMENT CRITERIA**ASSESSMENT CRITERION 1**

The concepts of trauma and post trauma stress are explained with examples.

ASSESSMENT CRITERION 2

Observable cognitive symptoms that could indicate post trauma stress are described with examples.

ASSESSMENT CRITERION RANGE

Observable cognitive symptoms include, but are not limited to decision making ability, concentration, memory and disorientation.

ASSESSMENT CRITERION 3

Observable emotional symptoms that could indicate post trauma stress are described with examples.

ASSESSMENT CRITERION RANGE

Observable emotional symptoms include, but are not limited to loss of emotional control, inappropriate emotional response, anxiety and depression.

ASSESSMENT CRITERION 4

Observable behavioural symptoms that could indicate post trauma stress are described with examples.

ASSESSMENT CRITERION RANGE

Observable behavioural symptoms include, but are not limited to behavioural changes, anti social acts, substance abuse.

ASSESSMENT CRITERION 5

Observable physical symptoms that could indicate post trauma stress are described with examples.

ASSESSMENT CRITERION RANGE

Observable physical symptoms include, but are not limited to respiratory problems, fatigue and illness.

SPECIFIC OUTCOME 2

Explain trauma debriefing and the referral process.

ASSESSMENT CRITERIA**ASSESSMENT CRITERION 1**

The concept of trauma debriefing is explained and an indication is given of when debriefing is appropriate.

ASSESSMENT CRITERION 2

The process and techniques followed in trauma debriefing are outlined with examples.

ASSESSMENT CRITERION 3

Support services available for trauma debriefing are identified in a specific area.

ASSESSMENT CRITERION 4

The process to be followed in referring an individual for debriefing is explained with reference to the process of a specific organisation.

SPECIFIC OUTCOME 3

Explain possible support strategies.

ASSESSMENT CRITERIA**ASSESSMENT CRITERION 1**

Possible post trauma support strategies are explained and an indication is given of when each is appropriate.

ASSESSMENT CRITERION 2

Ways in which a traumatised individual can be reasonably accommodated are identified for a specific situation.

ASSESSMENT CRITERION 3

A report on how the individual is to be reasonably accommodated in a specific situation is compiled and communicated to the appropriate parties.

UNIT STANDARD ACCREDITATION AND MODERATION OPTIONS

- Anyone assessing a candidate against this Unit Standard must be registered as an assessor with the relevant ETQA or ETQA where a Memorandum of Understanding (MOU) exists with the relevant ETQA.
- Any institution offering learning that will enable achievement of this Unit Standard must be accredited as a provider through the relevant ETQA or ETQA where a Memorandum of Understanding (MOU) exists with the relevant ETQA.
- Moderation of assessment will be overseen by the relevant ETQA according to the moderation guidelines and the agreed ETQA procedures.

UNIT STANDARD ESSENTIAL EMBEDDED KNOWLEDGE

N/A

UNIT STANDARD DEVELOPMENTAL OUTCOME

N/A

UNIT STANDARD LINKAGES

N/A

Critical Cross-field Outcomes (CCFO):**UNIT STANDARD CCFO COLLECTING**

The learner is able to collect, organise and evaluate information in recognising the symptoms of post-traumatic stress.

UNIT STANDARD CCFO COMMUNICATING

The learner is able to communicate effectively in compiling a report on the reasonable accommodation of an individual in a specific situation.

UNIT STANDARD CCFO CONTRIBUTING

The learner is able to be culturally and gender sensitivity in identifying inappropriate emotional responses, referring an individual and proposing a strategy to accommodate an individual in a specific situation.

QUALIFICATIONS UTILISING THIS UNIT STANDARD:

	ID	QUALIFICATION TITLE	PRE-2009 NQF LEVEL	NQF LEVEL	STATUS	END DATE	QUALITY ASSURING BODY
Core	64769	National Certificate: Community Health Work	Level 3	NQF Level 03	Reregistered	2015-06-30	HW SETA
Core	60249	National Certificate: Primary Response in Emergencies	Level 3	NQF Level 03	Passed the End Date - Status was "Registered"	2010-06-02	HW SETA
Core	78803	National Certificate: Primary Response in Emergencies	Level 3	NQF Level 03	Registered	2013-06-02	
Elective	66749	National Certificate: Community	Level 3	NQF Level	Reregistered	2015-	ETDP SETA

		Development		03		06-30	
Elective	58577	National Certificate: General Security Practices	Level 3	NQF Level 03	Reregistered	2015-06-30	SAS SETA
Elective	49256	Further Education and Training Certificate: Counselling	Level 4	NQF Level 04	Reregistered	2015-06-30	HW SETA